

MS MEGA BADMINTON

Team Captains Checklist

Pre Event

- Personalise your team page
- Recruit team members
- Plan some team training days followed by breakfast
- Develop a team activity or fundraising strategy
- Create a contact list of team members
- Create a team roster
- Ask team members about sleeping arrangements

Today is the day! Have you packed...

- Sleeping bags, tents, pillows (if you're planning to stay the night)
- Gym towels - one towel will get wet so bring a few dry ones
- Racquet - extra racquet just in case one breaks
- Additional chairs (optional)
- Warm clothes
- Food and snacks
- Some cash to purchase food
- Spare clothes
- Refillable water bottle
- Crazy costume, team shirts, club colors, mascot